

# St. Cyprian's Anglican Church & Iona Presbyterian Church

1080 Finch Ave East, Toronto, Ontario

Telephone: 416-494-2442

[www.tri-church.ca](http://www.tri-church.ca)

Church office hours: Tuesdays & Fridays 10:00 a.m. to 1:00 p.m.

Sunday Worship by Zoom and in person 10:30 a.m.



## Lent 1 / Black History Sunday March 9, 2025

Minister: Every member of the congregations

Priest-in-Charge: The Rev. Dr. John Oakes

Email: [revdrjohnoakes@outlook.com](mailto:revdrjohnoakes@outlook.com)

Phone: (647) 219-5754

Rector's Warden: Carol Berger

People's Warden: Stacey Leslie

Iona Elders: Marg Black, Dorine Bourque, Melissa Reid

Director of Music: Laura Hope

Office Administrator: Bob Williams

Lay Assistant: Mary Nagrani

### Zoom Link for Sunday Worship

<https://us02web.zoom.us/j/2897790104?pwd=WTVXeWtjZWV2RW9JVGVGOE5VUVB1dz09>

Or call: 647 374 4685 or 647 558 0588

Meeting ID: 289 779 0104

Passcode: 432441

## Land Acknowledgement

We acknowledge that we meet on the traditional lands of the Mississauga. We acknowledge this territory's significance for the Indigenous peoples who lived, and continue to live, upon it and whose practices and spiritualities were tied to the land and continue to develop in relationship to the territory and its other inhabitants today.

## Morning Prayer

(from Presbyterian *Book of Common Worship* and the PCC "Worship Planner")

Leader and Preacher: Rev. Dr. John Oakes

## Welcome

Processional Hymn #471: *We Are One in the Spirit*

Presider: The grace of our Lord Jesus Christ and the love of God, and the fellowship of the Holy Spirit, be with you all.

People: **And also with you.**

## Prayer Of Adoration

Leader: Let us pray. O Lord our God, Creator and Ruler of the universe, you are great beyond all things. You are clothed in honour and majesty, wrapped in light as a garment. You stretch out the heavens like a tent, you set the beams of your chambers on the waters, you make the clouds your chariot, you ride on the wings of the wind, you make the winds your messengers, fire and flame your ministers. You gave us your son Jesus Christ as Saviour and Messiah and the Holy Spirit as our Helper and Comforter. We give you glory, honour and praise now and forever.

**Amen.**

## Confession and Assurance of Pardon

Leader: Merciful God, in your gracious presence we now take time to acknowledge our own weaknesses and shortcomings. Trusting that nothing is able to separate us from the love of God in Jesus Christ, we freely confess the wrongs we have done against God and one another.

**All: God of mercy, as we gather to celebrate your gift of love, we recall with sorrow the times when we forget you and are divided from one another. We regret how often our thoughts, words, and actions have betrayed the goodness you have shown to us. So we ask you to forgive us, merciful God, for all our sins of thought, word, and deed. Mend what is broken and heal the wounded relationships that separate us from you and one another; through Jesus Christ our Lord.**

Leader: Loving God, we know that we can only be saved by grace through faith and this is not our doing, but your gift to us. We thank you that your mercy is from everlasting to everlasting and for the forgiveness, which we now humbly receive. And as we know the peace of Christ, we share it with one another in his name.

People: **All glory be to God. Amen.**

## The Peace

Leader: May the peace of our Lord Jesus Christ be with you all.

People: **And also with you.**

Leader: Let us offer each other a sign of peace.

## Offertory Invitation

Leader: The Bible reminds us that when we give generously abundant gifts will pour out upon us with overflowing measures. Let us give to God with hearts of thanksgiving and praise for God loves a cheerful giver.

## Offertory Hymn #233: *Were You There?*

### Prayer of Dedication

Leader: Generous God, all good and perfect gifts come from you. With joy and thanksgiving, we have come to return to you a part of the gifts you gave us. As Jesus blessed the bread and fish and it multiplied, we pray that you will multiply our gifts and bless us with wisdom and direction from the Holy Spirit on how to use it to bless your Kingdom. **Amen.**

### A Portrait from Black History: Rev. Josiah Henson (1789–1883)

presented by Liliana Lobato and Dylan Leggard

### Prayer For Illumination

Leader: God of word and wisdom, as we read the scriptures, open our eyes to see your wonderful truth. May our hearts embrace your Word and may the Holy Spirit direct us in following it in our lives in the name of Jesus. **Amen.**

### The Proclamation of the Word

**First Reading: Romans 10: 8–13** Marcus Berger

Reader: The first reading is from the tenth chapter of the Epistle to the Romans, beginning at the eighth verse.

<sup>8</sup> But what does it say? “The word is near you; it is in your mouth and in your heart,” that is, the message concerning faith that we proclaim: <sup>9</sup> if you declare with your mouth, “Jesus is Lord,” and believe in your heart that God raised him from the dead, you will be saved. <sup>10</sup> For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved. <sup>11</sup> As Scripture says, “Anyone who believes in him will never be put to shame.” <sup>12</sup> For there is no difference between Jew and Gentile – the same Lord is Lord of all and richly blesses all who call on him, <sup>13</sup> for, “Everyone who calls on the name of the Lord will be saved.”

Reader: The Word of the Lord.

All: **Thanks be to God**

**Psalm 91: 1–2, 9–16**

Leader: 1. He who dwells in the shelter of the Most High,  
abides under the shadow of the Almighty.

People: **2. He shall say to the Lord,  
“You are my refuge and my stronghold,  
my God in whom I put my trust.”**

Leader: 9. Because you have made the Lord your refuge,  
and the Most High your habitation.

People: **10. There shall no evil happen to you,  
neither shall any plague come near your dwelling.**

Leader: 11. For he shall give his angels charge over you,  
to keep you in all your ways.

People: **12. They shall bear you in their hands,  
lest you dash your foot against a stone.**

Leader: 13. You shall tread upon the lion and adder;  
you shall trample the young lion and the serpent  
under your feet.

People: **14. Because he is bound to me in love,  
therefore will I deliver him;  
I will protect him, because he knows my name.**

Leader: 15. He shall call upon me, and I will answer him;  
I am with him in trouble;  
I will rescue him and bring him to honour.

People: **16. With long life will I satisfy him,  
and show him my salvation.**

Leader: Let us pray. Gracious God, in times of anxiety and stress, teach us to  
wait in quietness for your protection and defence, made known to us in  
Jesus Christ our Lord.

**Amen.**

**Gradual Hymn: *Soon and Very Soon***

**1. Soon and very soon we are goin' to see the King,  
Soon and very soon we are goin' to see the King,  
Soon and very soon we are goin' to see the King,  
Praise the Lord, Praise the Lord,  
we are goin' to see the King!**

**2. No more cryin' there we are goin' to see the King,  
No more cryin' there we are goin' to see the King,  
No more cryin' there we are goin' to see the King,  
Praise the Lord, Praise the Lord,  
we are goin' to see the King!**

**Gospel Reading: Luke 4: 1–13** Mary Nagrani

Reader: The Lord be with you.

**All: And also with you.**

Reader: The Holy Gospel of our Lord Jesus Christ according to the fourth chapter of Saint Luke, beginning at the first verse.

**All: Glory to you, Lord Jesus Christ.**

<sup>1</sup> Jesus, full of the Holy Spirit, left the Jordan and was led by the Spirit into the wilderness, <sup>2</sup> where for forty days he was tempted by the devil. He ate nothing during those days, and at the end of them he was hungry.

<sup>3</sup> The devil said to him, “If you are the Son of God, tell this stone to become bread.”

<sup>4</sup> Jesus answered, “It is written: ‘Man shall not live on bread alone.(a)’”

<sup>5</sup> The devil led him up to a high place and showed him in an instant all the kingdoms of the world. <sup>6</sup> And he said to him, “I will give you all their authority and splendour; it has been given to me, and I can give it to anyone I want to. <sup>7</sup> If you worship me, it will all be yours.”

<sup>8</sup> Jesus answered, "It is written: 'Worship the Lord your God and serve him only.(b)'"

<sup>9</sup> The devil led him to Jerusalem and had him stand on the highest point of the temple. "If you are the Son of God," he said, "throw yourself down from here. <sup>10</sup> For it is written:

'He will command his angels concerning you  
to guard you carefully;

<sup>11</sup> they will lift you up in their hands,  
so that you will not strike your foot against a stone.(c)'"

<sup>12</sup> Jesus answered, "It is said: 'Do not put the Lord your God to the test.(d)'"

<sup>13</sup> When the devil had finished all this tempting, he left him until an opportune time.

(a), Deuteronomy 8:3; (b), Deuteronomy 6:13; (c), Psalm 91:11–12; (d), Deuteronomy 6:16

Reader: The Gospel of Christ

**All: Praise to you, Lord Jesus Christ.**

**Gradual Hymn: *Soon and Very Soon***

**3. No more dyin' there we are goin' to see the King,  
No more dyin' there we are goin' to see the King,  
No more dyin' there we are goin' to see the King,  
Praise the Lord, Praise the Lord,  
we are goin' to see the King!**

**4. Soon and very soon we are goin' to see the King,  
Soon and very soon we are goin' to see the King,  
Soon and very soon we are goin' to see the King,  
Praise the Lord, Praise the Lord,  
we're are goin' to see the King!**

CCLI Song # 11249 Andraé Crouch

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**Sermon:** “Resisting Temptation” John Oakes

**Choir Anthem:** “Hymn to Freedom” by Oscar Peterson

### **The Apostles’ Creed**

**Leader:** Let us confess the faith of our baptism, as we say:

**All:** **I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day, he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

### **Prayers of the People**

**Leader:** Almighty God, in Jesus Christ you taught us to pray and to present to you our intercessions for others. By your Holy Spirit, be present to guide us so that our prayers may serve your will and show your steadfast love for all. Loving God, with gladness we praise you for creating and sustaining all things. We thank you that you have made us in your own image to glorify you, to love one another and to care for your creation. Above all, we thank you for your Son Jesus Christ who saves and redeems us by grace through faith in him, and for your precious Holy Spirit, who empowers and equips us for your service. We also praise you for the many other ways in which you bless us, including those which we now name . . .



*Please add your own prayers of thanksgiving*

Lord in your mercy,  
**People: Hear our prayer.**

Leader: We pray for the church and all those serving as leaders in it, including Bishops Andrew, Kevin and Ryscilla, Interim Moderator Alex, John our priest and pastor, and others in leadership at St. Cyprian's and Iona.

Lord in your mercy,  
**People: Hear our prayer.**

Leader: We ask for peace among the nations, especially those of Israel, Palestine, Ukraine, Russia, Syria, and many others torn apart by armed conflict and strife.

Lord in your mercy,  
**People: Hear our prayer.**

Leader: We lift up those in positions of authority and responsibility at all levels of government, including Prime Minister Trudeau, Premier Ford and Mayor Chow.

Lord in your mercy,  
**People: Hear our prayer.**

Leader: We pray for the victims of poverty, the homelessness, racism and hunger and for all who seek to meet their needs.

Lord in your mercy,  
**People: Hear our prayer.**

Leader: We intercede for those who are suffering from sickness of any kind, or from grief and loneliness, including Diane, Edna, Judy, Sadie, and all others whom we now name . . .

*Please add other names silently or aloud*

Lord in your mercy,  
**People: Hear our prayer.**

Leader: We lift up our own needs and those of others who are especially on our minds and hearts this morning . . .

Lord in your mercy,  
**People: Hear our prayer.**

Leader: Eternal God, ruler of all things in heaven and earth, accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. Amen

### **The Lord's Prayer**

Leader: And now, as our Saviour Christ has taught us, we are bold to say:  
**All: Our Father, who art in heaven. Hallowed be thy name, thy Kingdom come, thy will be done on earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever, Amen.**

Leader: Glory to God.  
**All: Whose power working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation. In the church and in Christ Jesus forever and ever, Amen.**

### **Announcements**

### **Benediction**

Leader: Go into the world in peace.

Be of good courage. Hold fast to what is good. Return no one evil for evil. Strengthen the fainthearted. Support the weak. Help the afflicted. Love God and one another, follow Christ, rejoicing in the power of the Holy Spirit; and may the blessing of God almighty, Father, Son and Holy Spirit, be among you and remain with you this day and always.  
**Amen.**

**Recessional Hymn: *I Shall Not Be Moved***

**Verse 1**

Jesus is my Savior I shall not be moved  
In His love and favor I shall not be moved  
Just like a tree that's planted by the waters Lord  
I shall not be moved

**Chorus**

**I shall not be I shall not be moved**  
**I shall not be I shall not be moved**  
**Just like a tree that's planted by the waters Lord**  
**I shall not be moved**

**Verse 2**

In my Christ abiding I shall not be moved  
In His love I'm hiding I shall not be moved  
Just like a tree that's planted by the waters Lord  
I shall not be moved/**Chorus**

**Verse 3**

If I trust Him ever I shall not be moved  
He will fail me never I shall not be moved  
Just like a tree that's planted by the waters Lord  
I shall not be moved/**Chorus**

**Verse 4**

On His word I'm feeding I shall not be moved

He's the One that's leading I shall not be moved  
Just like a tree that's planted by the waters Lord  
I shall not be moved/**Chorus**

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## **Dismissal**

**Leader:** Let us go in peace to love and serve the Lord.

**People:** **Thanks be to God.**

## **ANNOUNCEMENTS**

### **Welcome!**

**Welcome to St. Cyprian's and Iona, as we continue our combined worship and ministry at 10:30 a.m. on Sundays.** After today's service, we invite everyone to join a **special joint fellowship time together in the Iona space.**

### **Sunday Bible Study**

The **Sunday Bible Study** has been taking a break after completing our study of 1 Corinthians. It will **resume today at noon** in the Fellowship Room **with a new study for Lent.**

### **Pancake Supper**

**Many thanks to all who helped make this year's Pancake Supper such a successful event, and especially to the chief organizers, Carol Bergen and Stacey Leslie!**

### **Wednesday Noon Meditation**

The **Wednesday meditation continues** with David Rudd and others **at 12 noon on:**

<https://us02web.zoom.us/j/9321564941?pwd=QmhLdDZ6ekQ2a1FLMmRWK2tXU0F0Zz09>

Meeting ID: 932 156 4941

Passcode: 1080

### **Wednesday Evening Lenten Services**

Rev. John is offering an online Zoom Compline or Evening Prayer service at 7:30 p.m. every Wednesday through Lent, beginning March 12.

The link will be the same as for Sunday worship:

<https://us02web.zoom.us/j/2897790104?pwd=WTVXeWtJZWV2RW9JVGJGOE5VUUVB1dz09>

Or call: 647 374 4685 or 647 558 0588

Meeting ID: 289 779 0104

Passcode: 432441

### **Devotional Guide for Lent**

The Diocese of Toronto has made available a good devotional guide for Lent in the form of *#LiveLent: God's Story, Our Story* —a resource developed by Dean Stephen Hance of St. James Cathedral, when he was the Evangelism and Discipleship Lead for the Church of England.

The guide can be downloaded here:

<https://www.toronto.anglican.ca/wp-content/uploads/2025/01/Live-Lent-Small-Group-Guide.pdf>

We are also basing our Bible studies on related material this Lent.

### **Friday Zoom Bible Study**

Rev. John's weekly Zoom Bible Study meets on Fridays at 7 p.m. to continue a new study for Lent. All are welcome at any time. You can join online at

<https://us02web.zoom.us/j/8517044556>

Meeting ID: 851 704 4556

You can also join the meeting by phone on 647-374-4685 or 647-558-0588.

All welcome at any time!

## **Ministry Opportunities**

There are **ministry opportunities** in a number of **different areas**, for which **volunteers are welcome**. To help, **please contact Rev. John or one of the St. Cyprian's wardens or Iona elders**.

## **Happy Birthdays**

**Happy birthday, Happy birthday, God loves you.  
Happy birthday and may all your dreams come true.  
When you blow out the candles, one light stays aglow  
It's the love light of our Lord for all to know.**