

**St. Cyprian's Anglican Church & Iona Presbyterian Church**

1080 Finch Ave East, Toronto, Ontario

Telephone: 416-494-2442

Church office hours—Tuesdays & Fridays 10:00 a.m. to 1:00 p.m.

Sunday Worship by Zoom and in person 10:30 a.m.



**Epiphany 5/Black History Sunday**

**February 8, 2026,**

**10:30 a.m.**

Minister: Every member of the congregation

Priest-in-Charge: The Rev. Dr. John Oakes

Email: [revdrjohnoakes@outlook.com](mailto:revdrjohnoakes@outlook.com)

Phone: (647) 219-5754

Rector's Warden: Carol Berger

People's Warden: Stacey Leslie

Iona Elders: Marg Black, Dorine Bourque, Melissa Reid

Director of Music: Laura Hope

Office Administrator: Bob Williams

Lay Assistant: Hanson Lam

**Zoom Link**

<https://us02web.zoom.us/j/2897790104?omn=83067962618>

Or call: 647 374 4685 or 647 558 0588

Meeting ID: 289 779 0104

No Passcode

## **Land Acknowledgement**

We acknowledge that we meet on the traditional lands of the Mississauga. We acknowledge this territory's significance for the Indigenous peoples who lived, and continue to live, upon it and whose practices and spiritualities were tied to the land and continue to develop in relationship to the territory and its other inhabitants today.

## **Cell Phones**

Please ensure that your cell phone is switched off or set to "airplane" mode to conserve the wifi service for our Zoom broadcast. Many thanks!

**Holy Communion (BCP Modern)**  
**Hymn numbers are from *Common Praise***

**Presider and Preacher: Rev. Dr. John Oakes**

**Prelude: *Lift Every Voice and Sing* (sung by Alicia Keys)**

## **Welcome**

### **Opening Sentence**

Presider: "I am the light of the world, says the Lord. Those who follow me will not walk in darkness, but will have the light of life." (John 8:12)

## **Gathering of the Community**

**Processional Hymn #359: *This Is the Day***

## **The Collect for Purity**

**Presider:** Almighty God,

**All:** to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name; through Christ our Lord. Amen.

## **The Summary of the Law**

**Presider:** Our Lord Jesus Christ said:

The first commandment is this: “Hear, O Israel, the Lord our God is the only Lord. You shall love the Lord your God with all your heart, with all your soul, with all your and with all your strength.”  
The second is this: “Love your neighbour as yourself.”  
There is no other commandment greater than these.  
On these two commandments hang all the law and the prophets.

**All:**        **Lord, have mercy upon us, and write both these laws in our hearts, we beseech you.**

## **The Collect of the Day**

**Presider:** Let us pray.

Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated*

## **A Portrait from Black History: Rev. Dr. William Wright (1827–1908)**

### **Proclamation of the Word**

**First Reading: Galatians 3:15–29 — Mateo Lobato**

**Reader:** The first reading is taken from the third chapter of St. Paul’s Epistle to the Galatians, beginning at the fifteenth verse.

<sup>15</sup> Brothers and sisters, let me take an example from everyday life. Just as no one can set aside or add to a human covenant that has been duly established, so it is in this case. <sup>16</sup> The promises were spoken to Abraham and to his seed. Scripture does not say ‘and to seeds,’ meaning many people, but ‘and to your seed,’ meaning one person, who is Christ. <sup>17</sup> What I mean is this: the law, introduced 430 years later,

does not set aside the covenant previously established by God and thus do away with the promise. <sup>18</sup> For if the inheritance depends on the law, then it no longer depends on the promise; but God in his grace gave it to Abraham through a promise. <sup>19</sup> Why, then, was the law given at all? It was added because of transgressions until the Seed to whom the promise referred had come. The law was given through angels and entrusted to a mediator. <sup>20</sup> A mediator, however, implies more than one party; but God is one. <sup>21</sup> Is the law, therefore, opposed to the promises of God? Absolutely not! For if a law had been given that could impart life, then righteousness would certainly have come by the law. <sup>22</sup> But Scripture has locked up everything under the control of sin, so that what was promised, being given through faith in Jesus Christ, might be given to those who believe. <sup>23</sup> Before the coming of this faith, we were held in custody under the law, locked up until the faith that was to come would be revealed. <sup>24</sup> So the law was our guardian until Christ came that we might be justified by faith. <sup>25</sup> Now that this faith has come, we are no longer under a guardian. <sup>26</sup> So in Christ Jesus you are all children of God through faith, <sup>27</sup> for all of you who were baptized into Christ have clothed yourselves with Christ. <sup>28</sup> There is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus. <sup>29</sup> If you belong to Christ, then you are Abraham's seed, and heirs according to the promise."

*After the reading*

**Reader:** The word of the Lord

**People:** Thanks be to God.

## **Psalms 112**

**Presider:** 1. 1 Hallelujah! Happy are they who fear the Lord  
and have great delight in his commandments!

**People:** **2. Their descendants will be mighty in the land;  
the generation of the upright will be blessed.**

**Presider:** 3. Wealth and riches will be in their house,  
and their righteousness will last for ever.

**People:** **4. Light shines in the darkness for the upright;  
the righteous are merciful and full of compassion.**

**Presider:** 5 It is good for them to be generous in lending  
and to manage their affairs with justice.

**People:** 6. For they will never be shaken; the righteous will be kept in everlasting remembrance.

**Presider:** 7. They will not be afraid of any evil rumours; their heart is right; they put their trust in the Lord.

**People:** 8. Their heart is established and will not shrink, until they see their desire upon their enemies.

**Presider:** 9. They have given freely to the poor, and their righteousness stands fast for ever; they will hold up their head with honour.

**People:** 10. The wicked will see it and be angry; they will gnash their teeth and pine away; the desires of the wicked will perish.

**Presider:** God of light, teach us to love each other as you love us, that we may bring peace and joy to the world, and rejoice in the kingdom of your Son, Jesus Christ our Lord. **Amen.**

*Please stand*

**Gradual Hymn: *I Have Decided to Follow Jesus* (vv. 1–2)**

**Verse 1**

**I have decided to follow Jesus**

**I have decided to follow Jesus**

**I have decided to follow Jesus**

**No turning back no turning back**

**Verse 2**

**The world behind me the cross before me**

**The world behind me the cross before me**

**The world behind me the cross before me**

**No turning back no turning back**

**Gospel Reading: Matthew 5:13–20 – Hanson Lam**

**Reader:** The Lord be with you.

**People:** **And also with you.**

**Reader:** The Holy Gospel of our Lord Jesus Christ according to the fifth chapter of St. Matthew, beginning at the thirteenth verse.

**People:** **Glory to you, Lord Jesus Christ.**

<sup>13</sup> “[Jesus said,] ‘You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot.’<sup>14</sup> You are the light of the world. A town built on a hill cannot be hidden. <sup>15</sup> Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. <sup>16</sup> In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven. <sup>17</sup> Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfil them. <sup>18</sup> For truly I tell you, until heaven and earth disappear, not the smallest letter, not the least stroke of a pen, will by any means disappear from the Law until everything is accomplished. <sup>19</sup> Therefore anyone who sets aside one of the least of these commands and teaches others accordingly will be called least in the kingdom of heaven, but whoever practises and teaches these commands will be called great in the kingdom of heaven. <sup>20</sup> For I tell you that unless your righteousness surpasses that of the Pharisees and the teachers of the law, you will certainly not enter the kingdom of heaven.”

*After the reading*

**Reader:** The Gospel of Christ.

**People:** Praise to you, Lord Jesus Christ.

**Gradual Hymn:** *I Have Decided to Follow Jesus* (vv. 3–4)

**Verse 3**

Though none go with me I still will follow  
Though none go with me I still will follow  
Though none go with me I still will follow  
No turning back no turning back

**Verse 4**

Will you decide now to follow Jesus  
Will you decide now to follow Jesus  
Will you decide now to follow Jesus  
No turning back no turning back

*Please be seated*

**Message:** "Every Kind of People" — John Oakes

**Choir Anthem:** "*We Will Walk with God/Sizohamba*" (from Swaziland)

**We will walk with God, my brothers, we will walk with God.**

**We will walk with God, my sisters, we will walk with God.**

**We will go rejoicing 'til the kingdom come.**

**We will go rejoicing 'til the kingdom come.**

*Please stand*

### **The Apostles' Creed**

**Leader:** Let us confess the faith of our baptism, as we say:

**All:** I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day, he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

*Please sit or kneel*

### **Prayers of the People**

**Leader:** Be mindful, O Lord, of your people bowed before you, and of those who are absent through age, sickness, or infirmity. Care for the infants, guide the young, support the aged, encourage the faint-hearted, collect the scattered, and bring the wandering to your fold. Travel with the voyagers, defend the widows, shield the orphans, deliver the captives, heal the sick, especially those whom we now name . . . Comfort all who are in times of trial, necessity, or distress. Remember for good all those

who love us, and those who hate us, and those who have desired us, unworthy as we are, to pray for them. And remember those whom we have forgotten. For you are the Helper of the helpless, the Saviour of the lost, the Refuge of the wanderer, the Healer of the sick. You who know everyone's needs, and have heard our prayers, grant our requests according to your merciful loving-kindness and your eternal love; through Jesus Christ our Lord. **Amen.**

## **Confession and Absolution**

**Presider:** You then, who truly and earnestly repent of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from this day forward in his holy ways: draw near with faith, and take this holy sacrament to your comfort; and make your humble confession to almighty God.

*Silence is kept*

**Presider:** Most merciful God,

**All:** **Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all people, we acknowledge and lament our many sins and the wickedness we have committed time after time, by thought, word and deed against your divine majesty. We earnestly repent, and are deeply sorry for these our wrongdoings. Have mercy upon us, most merciful Father. For your Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that from this time forward we may always serve and please you in newness of life, to the honour and glory of your name; through Jesus Christ our Lord. Amen.**

**Presider:** Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all those who with heartfelt repentance and true faith turn to him : have mercy on you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life, through Jesus Christ our Lord. **Amen.**



## The Comfortable Words

**Presider:** Hear the words of comfort our Saviour Christ says to all who truly turn to him:

Come to me, all who labour and are heavy laden,  
and I will give you rest. (Matthew 11:28)

God so loved the world that he gave his only-begotten Son, that  
whoever believes in him should not perish but have eternal life. *John*  
*3:16*

**Presider:** Hear what Saint Paul says:

This saying is true and worthy of full acceptance, that Christ Jesus came  
into the world to save sinners. (1 Timothy 1:15)

**Presider:** Hear what Saint John says:

If anyone sins, we have an advocate with the Father,  
Jesus Christ the righteous; and he is the propitiation  
for our sins. (John 2:1, 2)

*Please stand*

## The Peace

**Presider:** The peace of the Lord be always with you.

**People:** **And also with you.**

*You are invited to greet those around you in the name of Christ.*

**Offertory Hymn #484: *In Christ There Is No East or West*** (Tune: St. Peter; #620)

## Prayer over the Gifts

**Presider:** Let us pray. God of compassion and forgiveness, receive our offering  
this day, and make us one with him who is our peace, Jesus Christ our  
Saviour. **Amen.**

*Please stand, sit or kneel*

## The Celebration of Communion

**Presider:** The Lord be with you.

**People:** **And also with you.**

**Presider:** Lift up your hearts.

**People:** **We lift them to the Lord.**

**Presider:** Let us give thanks to the Lord our God.

**People:** **It is right to give our thanks and praise.**

**Presider:** It is indeed right, it is our duty and our joy, at all times and in all places to give you thanks and praise, holy Father, heavenly King, almighty and eternal God. And now we give you thanks because you have revealed your eternal plan of salvation, and have shown your Son Jesus Christ to be the light of all peoples. Therefore, with angels and archangels we raise our voices in joyful praise to proclaim the glory of your name.

**All:** **Holy, holy, holy Lord, God of power and might.  
Heaven and earth are full of your glory. Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

**Presider:** Almighty God, our heavenly Father, who, in your tender mercy, gave your only Son our Saviour Jesus Christ to suffer death upon the cross for our redemption; who made there by his one oblation of himself once offered a full, perfect and sufficient sacrifice, oblation and satisfaction for the sins of the whole world; he instituted, and in his holy gospel commanded us to continue, a perpetual memory of his precious death until he comes again. Hear us, merciful Father, we humbly pray, and grant that we receiving these gifts of your creation, this bread and this wine, according to your Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying:  
"Take, eat, this is my body which is given for you; do this in remembrance of me." In the same way, after supper, he took the cup; and when he had given thanks, he gave it to them, saying:  
"Drink this all of you, this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me." **Amen.**

*This is a modernized version of part of the Communion Prayer from the Book of Common Prayer (1962). It is based on Common Worship (London, 2000), as are other modern language versions of BCP prayers in this service.*

## The Prayer of Humble Access

**All:** We do not presume to come to this your table, merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord whose nature is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

## The Communion

**Presider:** The gifts of God for the people of God.

**People:** Thanks be to God.

*Please be seated*

**Communion:** *All who know Jesus Christ as their Lord and Saviour are welcome to receive Communion. You may choose between the common or an individual cup. If you would rather not receive either, simply push out your hand. If you would like to receive a blessing, please cross your arms when you approach the Communion station.*

## Communion Hymn: *They'll Know We Are Christians By Our Love*

**1. We are one in the Spirit We are one in the Lord  
We are one in the Spirit We are one in the Lord  
And we pray that all unity May one day be restored**

### Chorus

**And they'll know we are Christians By our love by our love  
Yes they'll know we are Christians By our love**

**2. We will walk with each other We will walk hand in hand  
We will walk with each other We will walk hand in hand  
And together we'll spread the news That God is in our land/Chorus**

**3. We will work with each other We will work side by side  
We will work with each other We will work side by side  
And we'll guard each man's dignity And save each man's pride/Chorus**

**4. All praise to the Father From whom all things come  
And all praise to Christ Jesus His only Son  
And all praise to the Spirit Who makes us one/Chorus**

CCLI Song # 26997 Peter Scholtes © Words: 1966 F.E.L. Publications. Assigned 1991 The Lorenz Corporation; Music: 1966 F.E.L. Publications. Assigned 1991 The Lorenz Corporation  
For use solely with the SongSelect® Terms of Use. All rights reserved. [www.ccli.com](http://www.ccli.com)  
CCLI License # 22158807

### **The Lord's Prayer**

**Presider:** And now, as our Saviour Christ has taught us, we are bold to say,  
**All:** **Our Father, who art in heaven, hallowed be thy name,  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread. And forgive us our trespasses,  
as we forgive those who trespass against us. And lead us not into  
temptation, but deliver us from evil. For thine is the kingdom, the  
power, and the glory, for ever and ever. Amen**

### **Prayer after Communion**

**Presider:** Almighty and everliving God, we thank you that you graciously feed us, who have duly received these holy mysteries, with the spiritual food of the body and blood of our Saviour Jesus Christ. By this you assure us of your favour and goodness towards us: we are incorporated into the mystical body of your Son, the blessed company of all faithful people; we are heirs, through hope, of your everlasting kingdom.

**All:** **And here we offer and present to you, O Lord, ourselves, our souls and our bodies, to be a reasonable, holy and living sacrifice; fill us all who share in this holy communion with your grace and heavenly blessing. Although we are unworthy, through our manifold sins,**

to offer you any sacrifice, yet we pray that you will accept this the duty and service that we owe. Do not weigh our merits, but pardon our offences, through Jesus Christ our Lord, by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. Amen.

## **Gloria**

**Presider:** Glory to God,

**All:** whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

## **The Blessing**

**Presider:** The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son, and the Holy Spirit be with you now and remain with you always. **Amen.**

*Please stand*

## **Recessional Hymn: *I Shall Not Be Moved***

### **Verse 1**

**Jesus is my Savior I shall not be moved In His love and favor I shall not be moved  
Just like a tree that's planted by the waters Lord I shall not be moved**

### **Chorus**

**I shall not be I shall not be moved I shall not be I shall not be moved  
Just like a tree that's planted by the waters Lord I shall not be moved**

### **Verse 2**

**In my Christ abiding I shall not be moved In His love I'm hiding I shall not be moved  
Just like a tree that's planted by the waters Lord I shall not be moved/**Chorus****

### **Verse 3**

If I trust Him ever I shall not be moved He will fail me never I shall not be moved  
Just like a tree that's planted by the waters Lord I shall not be moved/**Chorus**

### **Verse 4**

On His word I'm feeding I shall not be moved He's the One that's leading I shall not  
be moved Just like a tree that's planted by the waters Lord I shall not be  
moved/**Chorus**

CCLI Song # 5030761 John T. Benson Jr. © 1950 New Spring

For use solely with the SongSelect® Terms of Use. All rights reserved. [www.ccli.com](http://www.ccli.com)

CCLI License # 22158807

### **DISMISSAL**

**Presider:** Alleluia! Let us go in peace to love and serve the Lord.

**People:** Thanks be to God. Alleluia!

**Postlude:** *One Love* (sung by Bob Marley)

### **ANNOUNCEMENTS**

#### **Welcome!**

**Welcome to St. Cyprian's and Iona**, as we continue our **combined worship and ministry at 10:30 a.m. on Sundays**. After today's service, we invite everyone to join **a joint fellowship time together in the Iona space**.

#### **New Sunday Study Series**

We continue our exciting new Sunday series, **"A Life Worth Living,"** in the Fellowship Room at noon today. A **free lunch** will be followed by a **Bible Study on Philippians with Nicky Gumbel** on video. We aim to **finish by 1:30 p.m.** **All welcome!**

## **Noon Meditation**

The **Wednesday meditation meets** with David Rudd and others at **12 noon**  
**on:**

**<https://us02web.zoom.us/j/9321564941?pwd=QmhLdDZ6ekQ2a1FLMmRWK2tXU0F0Zz09>**

Meeting ID: 932 156 4941

Passcode: 1080

## **Friday Zoom Bible Study**

Rev. John's **weekly Zoom Bible Study, which meets on Fridays at 7 p.m., on Zoom will begin a new** series on February 20. All are welcome to join at any time.

The link for the Zoom study is:

**<https://us02web.zoom.us/j/8517044556>**

Meeting ID: 851 704 4556

You can also join the meeting by phone on 647-374-4685 or 647-558-0588.

## **Shrove Tuesday Pancake Supper**

Save the date for **St Cyprian's Pancake Supper, Tuesday, February 17, 5:30–7:30 p.m.** The **supper is free, but please get tickets** in advance from: Carol Berger, Hanson Lam, and Stacey Leslie, as well as Bob in our Church office. This allows us to help with preparations. **Raffle Prizes are gratefully accepted,** if you would like to donate

We always **need assistance with set-up and taking down** of tables and chairs, **cooking and clean-up** in our kitchen. A **sign-up sheet is available** if you can help in any way.

### **Vestry Preparations**

Ahead of **St. Cyprian's Annual Vestry Meeting** after church on **February 22**, ministry leaders are requested to **submit their reports by to the church office by February 8.**

### **Iona Annual Meeting Preparations**

**Iona's annual meeting** will take place on **March 1 after church**. Ministry reports are due with Bob at the church office by **February 15.**

### **Ministry Opportunities**

There are **ministry opportunities** in a number of **different areas**, for which **volunteers are welcome**. To help, **please contact Rev. John or one of the St. Cyprian's wardens or Iona elders.**

### **Happy Birthdays**

**Editha Stuart Feb 8**  
**Jason Munroe Feb 10**  
**Rosa McCoy Feb 11**

**Happy birthday, Happy birthday, God loves you.**  
**Happy birthday and may all your dreams come true.**  
**When you blow out the candles, one light stays aglow**  
**It's the love light of our Lord for all to know.**