

# St. Cyprian's Anglican Church & Iona Presbyterian Church

1080 Finch Ave East, Toronto, Ontario

Telephone: 416-494-2442

St. Cyprian's Website: [stcyprianschurch.ca](http://stcyprianschurch.ca) Iona's Website: [tri-church.ca/iona/](http://tri-church.ca/iona/)

Church office hours: Tuesdays & Fridays 10:00 am to 1:00 pm

Sunday Worship by Zoom and in person 10:30 a.m.



## **Pentecost 11**

**Sunday, August 9, 2026**

Minister: Every member of the congregation

Priest-in-Charge: The Rev. Dr. John Oakes

Email: [revdrjohnoakes@outlook.com](mailto:revdrjohnoakes@outlook.com)

Phone: (647) 219-5754

Rector's Warden: Carol Berger

People's Warden: Stacey Leslie

Iona Elders: Marg Black, Dorine Bourque, Melissa Reid, Bob Williams.

Director of Music: Laura Hope

Office Administrator: Bob Williams

## **Zoom Link for Sunday Worship**

<https://us02web.zoom.us/j/2897790104?omn=83067962618>

Or call: 647 374 4685 or 647 558 0588

Meeting ID: 289 779 0104

No Passcode

## Land Acknowledgement

We acknowledge that we meet on the traditional lands of the Mississauga. We acknowledge this territory's significance for the Indigenous peoples who lived, and continue to live, upon it and whose practices and spiritualities were tied to the land and continue to develop in relationship to the territory and its other inhabitants today.

## Cell phones

Please be sure that your cell phone is switched off or set to airplane mode to conserve the WiFi service for our Zoom broadcast. Thank you.

**Holy Communion**  
**(Presbyterian *Book of Common Worship* and "Worship Planner")**  
**Hymns are from *The Book of Praise*, unless otherwise noted.**

**Presider and Preacher: Rev. Kathy Brownlee**

## Welcome

**Processional Hymn #291: *Thou Whose Almighty Word***

## Responsive Call to Worship

Presider: The grace of our Lord Jesus Christ and the love of God,  
and the fellowship of the Holy Spirit, be with you all.

People: **And also with you.**

## Prayer of Adoration

Presider: Holy, gracious and merciful God, you are overflowing with love, infinite in kindness, and incomparable in glory. There is none like you. By the power of the Holy Spirit, your presence breaks into our lives, reflected in the beauty of creation, to refresh and inspire us. You renew us to imagine new things. You strengthen us to meet life's changes and challenges. In response to your goodness and glory, we offer you our thanks in prayer and praise from our hearts. We honour you with our

lives, worshipping you as Father, Son and Holy Spirit, this day and every day, now and forever. **Amen.**

In recalling all that you are and do, we also acknowledge who we are and how far we have fallen. So we join together to confess our sins:

### **Prayer of Confession**

**All:**           **God of mercy and loving-kindness, you sent Christ among us to be the light of the world and to reveal your love to all people. We confess our many sins against you and one another. We waste our gifts and we harm each other. We ignore the cries of the needy, and we do not strive for justice and peace. In your great mercy, we ask you to forgive us our sins against you and one another, and to cleanse us from all unrighteousness through Jesus Christ our Lord. Amen.**

### **Assurance of Pardon**

**Presider:** Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all those who with heartfelt repentance and true faith turn to him: have mercy on us, pardon and deliver us from all your sins, confirm and strengthen us in all goodness, and bring us to everlasting life, through Jesus Christ our Lord. **Amen.**

### **The Peace**

**Presider:** The peace of the Lord be always with you.

**All:**           **And also, with you.**

**Presider:** Let us offer each other a sign of peace.

### **The Proclamation of the Word**

#### **Prayer For Illumination**

**Presider:** God of wisdom, as we gather to hear your Word this day, calm our spirits and still our minds so that we can receive your message with clarity and respond in faithfulness. **Amen.**

**First Reading: Exodus 16: 1-8 David Rudd**

Reader: The first reading is taken from the sixteenth chapter of the Book of Exodus, beginning at the first verse.

**“16** The whole congregation of the Israelites set out from Elim; and Israel came to the wilderness of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after they had departed from the land of Egypt. <sup>2</sup> The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. <sup>3</sup> The Israelites said to them, ‘If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.’ <sup>4</sup> Then the LORD said to Moses, ‘I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not. <sup>5</sup> On the sixth day, when they prepare what they bring in, it will be twice as much as they gather on other days.’ <sup>6</sup> So Moses and Aaron said to all the Israelites, ‘In the evening you shall know that it was the LORD who brought you out of the land of Egypt, <sup>7</sup> and in the morning you shall see the glory of the LORD, because he has heard your complaining against the LORD. For what are we, that you complain against us?’ <sup>8</sup> And Moses said, ‘When the LORD gives you meat to eat in the evening and your fill of bread in the morning, because the LORD has heard the complaining that you utter against him—what are we? Your complaining is not against us but against the LORD.’”

Reader: The Word of the Lord.

**All: Thanks be to God**

**Psalm 31: 9-16**

<sup>1</sup> In you, O LORD, I seek refuge;

do not let me ever be put to shame;

in your righteousness deliver me.

<sup>2</sup> **Incline your ear to me; rescue me speedily.**

**Be a rock of refuge for me, a strong fortress to save me.**

<sup>3</sup> You are indeed my rock and my fortress;

for your name’s sake lead me and guide me,

<sup>4</sup> **take me out of the net that is hidden for me,  
for you are my refuge.**  
<sup>5</sup> Into your hand I commit my spirit;  
you have redeemed me, O LORD, faithful God.  
<sup>6</sup> **You hate those who pay regard to worthless idols,  
but I trust in the LORD.**  
<sup>7</sup> I will exult and rejoice in your steadfast love,  
because you have seen my affliction;  
you have taken heed of my adversities,  
<sup>8</sup> **and have not delivered me into the hand of the enemy;  
you have set my feet in a broad place.**

Glory be to the Father, to the Son, and to the Holy Spirit,

**People: As it was in the beginning, is now, and will be forever. Amen.**

Presider: Let us pray.

**Gospel Acclamation CP#712: *Alleluia!* (Chorus x2)**

**Gospel Reading: Matthew 14: 22–33 Dorine Bourque**

Reader: The Lord be with you.

**All: And also with you.**

Reader: The Holy Gospel of our Lord Jesus Christ according to the fourteenth chapter of Saint Matthew, beginning at the twenty-second verse.

**All: Glory to you, Lord Jesus Christ.**

“<sup>22</sup> Immediately he made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. <sup>23</sup> And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, <sup>24</sup> but by this time the boat, battered by the waves, was far from the land, for the wind was against them. <sup>25</sup> And early in the morning he came walking towards them on the lake. <sup>26</sup> But when the disciples saw him walking on the lake, they were terrified, saying, ‘It is a ghost!’ And they cried out in fear. <sup>27</sup> But immediately Jesus spoke to them and said, ‘Take heart, it is I; do not be afraid.’<sup>28</sup> Peter answered him, ‘Lord, if it is you, command me to come to you on

the water.’ <sup>29</sup> He said, ‘Come.’ So Peter got out of the boat, started walking on the water, and came towards Jesus. <sup>30</sup> But when he noticed the strong wind, <sup>[b]</sup> he became frightened, and beginning to sink, he cried out, ‘Lord, save me!’ <sup>31</sup> Jesus immediately reached out his hand and caught him, saying to him, ‘You of little faith, why did you doubt?’ <sup>32</sup> When they got into the boat, the wind ceased. <sup>33</sup> And those in the boat worshipped him, saying, ‘Truly you are the Son of God.’”

Reader: The Gospel of Christ.

All: **Praise to you, Lord Jesus Christ.**

**Gospel Acclamation CP#712: *Alleluia!* (Chorus x2)**

**Sermon:** “In God’s Hands” Rev. Kathy Brownlee

**Hymn of Response #672: *Jesus Calls Us O’er the Tumult***

### **The Apostles’ Creed**

Presider: Let us confess the faith of our baptism, as we say:

**All: I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in God the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

### **Prayers of Intercession**

*Each Prayer will end with this response:* **Reach out to us in the storms of life.**

Presider: Gracious God, we give you thanks for help offered by a stranger,

kindness in an anxious moment, good news that changed expected outcomes, relief in the midst of ongoing crises and signs of hope when things seemed bleak.

We pray for all who face upheaval and uncertainty, whatever the cause. Fill our hearts with compassion and understanding for the fearful. Steadying God,

**All: Reach out to us in the storms of life.**

Presider: God of peace,  
we pray for those who struggle with illness or grief, anxiety or depression. We remember those who feel worthless or ashamed, whatever the reason. May they know your peace and strength.

Equip us to reach out in every way we can to embody your love in our words and actions. Steadying God,

**All: Reach out to us in the storms of life.**

Presider: God of hope,  
we pray for all those people crying out for fair treatment, working against racism and discrimination, telling painful stories of their lives. Open our hearts with understanding and motivate us to act for change.

We pray for those who resist the stories of injustice and defend inequality. Open their minds to the truths they deny, and show them new possibilities for relationships that bridge divides. Send your Spirit to work in our communities to create mutual respect and new ways to live as neighbours.

Steadying God,

**All: Reach out to us in the storms of life.**

Presider: Faithful God, we place our trust in you and your purposes. Answer our prayers according to your wisdom and will, for we offer them humbly in the name of Jesus who taught us to pray together:

## The Lord's Prayer

Presider: And now, as our Saviour Christ has taught us, we are bold to say:  
All: **Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever. Amen.**

## Invitation to the Offering

Presider: Thankful for the good gifts God gives us in Christ and in creation, let us present the fruit of our living for the work of God in the church and in the world. **Amen.**

**Offertory Hymn #434:   *For the Beauty of the Earth***

## Prayer of Dedication

Celebrant: Faithful God, bless the gifts we bring to you today. Use them and us to plant seeds of faith, hope and love in the world so that your goodness will flourish and your name will be honoured for Christ's sake. **Amen.**

## Invitation to the Lord's Table

Celebrant: Friends, this is the joyful feast of the people of God. People will come from east and west, and from north and south and sit at table in the Kingdom of God. According to Luke, when our risen Lord was at table with his disciples, he took the bread, and blessed, and broke it, and gave it to them. Then their eyes were opened and they recognized him.  
This is the Lord's Table. Our Saviour invites all those who trust him to share the feast which he has prepared. O taste and see that the Lord is good.



## The Celebration of the Eucharist

### Prayer of Thanksgiving

Celebrant: The Lord be with you.

**People: And also with you.**

Celebrant: Lift up your hearts.

**People: We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

**People: It is right to give our thanks and praise.**

Celebrant: You commanded light to shine out of darkness, divided the sea and dry land, created the vast universe and called it good. You made us in your image to live with one another in love. You gave us the breath of life and freedom to choose your way. You set forth your purpose in commandments through Moses, and called for justice in the cry of prophets. Through long generations you have been patient and kind to all your children. How wonderful are your ways, almighty God. How marvellous is your name, O Holy One. You alone are God. Therefore with apostles and prophets, and that great cloud of witnesses who live for you beyond all time and space,

**All: We lift our hearts in joyful praise:**

**Sung (CP#735) Holy, holy, holy Lord, God of power and might,  
Holy, holy, holy Lord, God of power and Might, heaven and earth  
are full, full of your glory. Hosanna in the highest. Hosanna in  
the highest. Blessed is he who comes in the name of the Lord.  
Hosanna in the highest. Hosanna in the highest.**

Celebrant: God of majesty and mercy, blessed is your Son, Jesus Christ, our Lord. Sent to be our Saviour, he delivered us from sin and death, bringing us abundant life through his courage and compassion. Dying on the cross, he gave up his life so that we might live. By raising him to new life, you promise us life everlasting. Ascended to your right hand, he spreads his mercy throughout your whole creation. We thank you that on the night before he died, Jesus took bread, gave thanks to you, broke the bread and said "Take, eat. This is my body, given for you. Do this for the remembrance

of me." In the same way he took the cup, saying, "This cup is the new covenant sealed in my blood. Do this for the remembrance of me." Therefore, in remembrance of your mighty acts in Jesus Christ, we take this bread and this cup and give you praise and thanksgiving.

**All:** **Dying, you destroyed our death.**  
**Rising, you restored our life.**  
**Lord Jesus, come in glory.**

**Celebrant:** Gracious God, pour out your Holy Spirit upon us, and upon this bread and wine, that we, and all who share this feast, may be one with Christ and he with us. Here we offer ourselves to be a living sacrifice, holy and acceptable to you. In your mercy, accept our sacrifice of praise and thanksgiving. Fill us with the joy of eternal life, that we may be your faithful people until we feast with you in glory. Through Christ, with Christ, in Christ, in the unity of the Holy Spirit, all glory and honour are yours, Almighty God, for ever and ever. **Amen.**

## **Breaking of the Bread**

**Celebrant:** Because there is one bread, we who are many are one body, for we all partake of the one bread. (1 Cor. 10: 17)

When we break the bread, it is a sharing in the body of Christ.  
(1 Cor. 10: 16)

When we bless the cup, it is a sharing in the blood of Christ.  
(1 Cor. 10: 16)

**Celebrant:** The gifts of God for the People of God.  
**People:** **Thanks be to God.**

**Communion:** *All who know Jesus Christ as their Lord and Saviour are welcome to receive Communion. It will be administered to you, as you remain seated— first the bread, which we will all consume*

*together after it has been distributed, then the cups, which we will also drink together.*

**Communion Hymn #548:   *Let Us Break Bread Together***

**Prayer after Communion**

Presider:       Loving God, Christ our Lord, Holy Spirit,  
                    you have nourished us, body and soul, in this meal.  
                    We have heard your love, so send us out to speak it.  
                    We have seen your love, so send us out to show it.  
                    We have been fed by your love, so send us out to share it.  
                    And let all things be done for your glory, in Jesus' name. **Amen.**

Presider:       Glory to God,  
All:              **whose power, working in us, can do infinitely more than we can  
ask or imagine. Glory to God from generation to generation, in  
the Church and in Christ Jesus, for ever and ever. Amen.**

**Announcements**

**Benediction**

Presider:       The Lord bless you and keep you. The Lord be kind and gracious to  
                    you. The Lord look upon you with favour and give you peace. And  
                    the blessing of God Almighty, the Father, the Son, and the Holy  
                    Spirit, be with you now and remain with you always. **Amen.**

**Recessional Hymn #651:   *Guide Me, O Thou Great Jehovah***

Presider:       Alleluia! Let us go in peace to love and serve the Lord.  
People:         **Thanks be to God. Alleluia!**

## ANNOUNCEMENTS

**Welcome to St. Cyprian's and Iona, as we continue our combined worship and ministry at 10:30 a.m. on Sundays.** After today's service, we invite everyone to join a **joint fellowship time** together in the Iona space.

## Emergency Pastoral Coverage

Please **pray for Rev. John as he and Kirsten who have been helping lead a family camp in B.C., with John as chaplain. In his absence, Rev. Martha Gordon will offer emergency pastoral coverage** until August 13 to any member of St. Cyprian's, who needs it. She can be reached **on 416-333-9897**.

## Noon Meditation

The **Wednesday meditation continues this week** with David Rudd and others  
**at 12 noon on:**

<https://us02web.zoom.us/j/9321564941?pwd=QmhLdDZ6ekQ2a1FLMmRWK2tXU0F0Zz09>

Meeting ID: 932 156 4941      Passcode: 1080

## Ministry Opportunities

There are **ministry opportunities in a number of different areas**, for which **volunteers are welcome**. To help, **please contact Rev. John or one of the St. Cyprian's wardens or Iona elders**.

## Happy Birthdays

|                |        |
|----------------|--------|
| Huntley Munroe | Aug 11 |
| Joyce Haynes   | Aug 11 |
| Andrew Cole    | Aug 11 |
| Warren Leslie  | Aug 15 |
| Jeya Edwards   | Aug 16 |
| Mark deVries   | Aug 16 |

**Happy birthday, Happy birthday, God loves you.**

**Happy birthday and may all your dreams come true.**

**When you blow out the candles, one light stays aglow.**

**It's the love light of our Lord for all to know.**