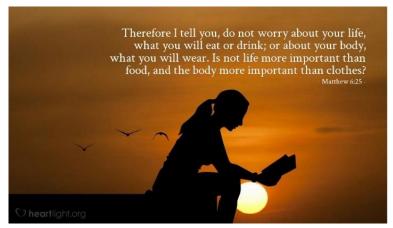
St. Cyprian's Anglican Church and Iona Presbyterian Church

1080 Finch Ave East, Toronto, Ontario Telephone: 416 494-2442

Church office hours: Tuesdays-Fridays 10:00 am to 1:00 pm

www.tri-church.ca

Sunday Worship by Zoom and in person 10:30 am



Pentecost 10 Sunday, July 28, 2024

Minister: Every member of the congregation Priest-in-Charge: The Rev. Dr. John Oakes Email: revdrjohnoakes@outlook.com

Phone: (647) 219-5754

Rector's Warden: Carol Berger People's Warden: Stacey Leslie

Iona Elders: Marg Black, Dorine Bourque, Melissa Reid

Director of Music: Laura Hope Office Administrator: Bob Williams

Zoom Link for Sunday Worship:

https://us02web.zoom.us/j/2897790104?pwd=WTVXeWtJZWV2RW9JVGJGOE5VUVB1dz09

Or call: 647 374 4685 or 647 558 0588

Meeting ID: 289 779 0104 Passcode: 432441

Land Acknowledgement

We acknowledge that we meet on the traditional lands of the Mississauga. We acknowledge this territory's significance for the Indigenous peoples who lived, and continue to live, upon it and whose practices and spiritualities were tied to the land and continue to develop in relationship to the territory and its other inhabitants today.

Cell phones

Please be sure that your cell phone is switched off or set to airplane mode to conserve the WiFi service for our zoom broadcast. Thank you.

Holy Communion (Presbyterian *Book of Common Worship*) Hymns are from *Common Praise*

Presider: Rev. Dr. John Oakes Celebrant and Preacher: Rev. Kathy Brownlee

Welcome

Processional Hymn #565: Guide Me, O Thou Great Jehovah

Call To Worship

Presider: The Lord be with you.

People: And also with you.

Presider: The grace of the Lord Jesus Christ be with you all.

People: And also with you.

Presider: Let us pray.

Prayers of Adoration and Confession

Presider: God of life, we rejoice in your love which has filled creation from the beginning and which calls all life into being. We praise you for Jesus Christ who reveals most fully your loving purpose for all people. God, bless us with your presence so that our worship and our lives We bless

you for your Spirit who draws us into the circle of your tender love.

Gracious may be a true celebration of your love in Jesus Christ, in whose name we pray. **Amen.**

Invitation to Confession

Presider: God's Word tells us that "If we say that we have no sin,

we deceive ourselves, and the truth is not in us. [But] if we confess our

sins, God who is faithful and just will forgive our sins

and cleanse us from all unrighteousness." (1 John 1: 8, 9)

In humility and faith let us therefore confess our sins to Almighty God.

Confession

All: Merciful God, in your gracious presence we confess our sins and offences against you and one another. Although we have found peace in Christ, we are divided against ourselves as we cling to the values of a broken world. The profit and pleasures we pursue lay waste the land and pollute the seas. The fears and jealousies that we harbour set neighbour against neighbour and nation against nation. We abuse your good gifts of imagination and freedom, intellect and reason, and have turned them into bonds of oppression. Lord have mercy upon us. Heal us, forgive us and set us free to serve you in the world as agents of your reconciling love in Jesus Christ.

Assurance of Pardon

Presider: Hear the good news: "If anyone is in Christ, that person is a new

creation. The old has gone. The new is here." (2 Cor. 5:17).

Thanks be to God that we can make a fresh start, forgiven and set free.

And since we are reconciled to God in Christ, let us share the sign of

peace with one another.

The Peace

Presider: The peace of the Lord be always with you.

All: And also, with you.

The Proclamation of the Word

Prayer for Illumination

Presider: Speak to us through the Scriptures this day, O God. By the power of

your Holy Spirit, give us a deeper understanding of your Word for our

lives and our times, through Christ, the Living Word. Amen.

First Reading: Genesis 2: 1-3 Brenda Haddock

Reader: The first reading is taken from the second chapter of the Book of Genesis, beginning at the first verse.

¹Thus the heavens and the earth were finished, and all their multitude. ²And on the seventh day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. ³So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation.

Reader: The Word of the Lord.

All: Thanks be to God

Psalm 46

Presider: 1. God is our refuge and strength, a very present help in trouble.

People: 2. Therefore we will not fear, though the earth be moved, and though

the mountains be toppled into the depths of the sea;

Presider: 3. Though its waters rage and foam,

and though the mountains tremble at its tumult.

People: 4. The Lord of hosts is with us; the God of Jacob is our stronghold.

Presider: 5. There is a river whose streams make glad the city of God,

the holy habitation of the Most High.

People: 6. God is in the midst of her; she shall not be overthrown;

God shall help her at the break of day.

Presider: 7. The nations make much ado, and the kingdoms are shaken;

God has spoken, and the earth shall melt away.

People: 8. The Lord of hosts is with us; the God of Jacob is our stronghold.

Presider: 9. Come now and look upon the works of the Lord,

what awesome things he has done on earth.

People: 10. It is he who makes war to cease in all the world; he breaks the

bow, and shatters the spear, and burns the shields with fire.

Presider: 11. "Be still, then, and know that I am God; I will be exalted among the

nations; I will be exalted in the earth."

People: 12. The Lord of hosts is with us; the God of Jacob is our stronghold.

Let us pray. God our strength, your power is for peace, and the pride of your mighty acts secures the city of the humble. Teach us to put our

trust in your salvation, through Jesus Christ our Lord.

Amen.

Gradual Hymn #712: *Alleluia* (chorus x2)

Gospel Reading: Matthew 6: 24-34 Hank Huang

Reader: The Lord be with you.

All: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ according to the sixth chapter

of Saint Matthew, beginning at the twenty-fourth verse.

All: Glory to you, Lord Jesus Christ.

²⁴[Jesus said] "No one can serve two masters; for a slave will either hate the one and love the other, or be devoted to the one and despise the other. You cannot serve God and wealth. ²⁵Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? ²⁶Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? ²⁷And can any of you by

worrying add a single hour to your span of life? ²⁸And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, ²⁹yet I tell you, even Solomon in all his glory was not clothed like one of these. ³⁰But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? ³¹Therefore do not worry, saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear?' ³²For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. ³³But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well. ³⁴So do not worry about tomorrow, for tomorrow will bring worries of its own. Today's trouble is enough for today."

Reader: The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

Gradual Hymn #712: *Alleluia* (chorus x2)

Sermon: "Be Still!" – Rev. Kathy Brownlee

Hymn of Response: Take Time to Be Holy (Presbyterian Book of Praise #638)

Take time to be holy Speak oft with thy Lord
Abide in Him always And feed on His Word
Make friends with God's children Help those who are weak
Forgetting in nothing His blessing to seek

Take time to be holy The world rushes on Spend much time in secret With Jesus alone By looking to Jesus Like Him thou shalt be Thy friends in thy conduct His likeness shall see

Take time to be holy Let Him be thy Guide And run not before Him Whatever betide In joy or in sorrow Still follow thy Lord

And looking to Jesus Still trust in His Word

Take time to be holy Be calm in thy soul
Each tho't and each motive Beneath His control
Thus led by His Spirit To fountains of love
Thou soon shall be fitted For service above

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The Apostles' Creed

Presider: Let us confess the faith of our baptism, as we say:

All: I believe in God, The Father almighty, creator of heaven and

earth. I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit

and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in God the Holy Spirit,

the holy catholic Church, the communion of saints, the

forgiveness of sins, the resurrection of the body, and the life

everlasting. Amen.

Prayers of the People

Intercessor: Loving God, in Jesus Christ you teach us to pray and to present

our petitions to you in his name. Guide us by your Holy Spirit,

that our prayers for others may serve your will

and show your steadfast love for all.

Gracious God,

you have called together a people to be the church of

Jesus Christ. May your people be one in faith and discipleship,

breaking bread together, and telling good news so that the world may believe you are love, turn to your ways, and live in the light of your truth.

Lord in your mercy,

All: Hear our prayer.

Intercessor: Creator God, you made all things and called them good.

May your planet earth be held in reverence by all people. May its resources be used wisely

and its fragile balance between life and death respected.

Lord in your mercy,

All: Hear our prayer.

Intercessor: Eternal Ruler, in your mighty realm the nations rise and fall.

Hear our prayers for those who rule the nations that they may learn wisdom and truth, establish justice and mercy, and seek the

ways of peace.

Lord in your mercy,

All: Hear our prayer.

Intercessor: Ever faithful God, you have knit together as one body in Christ

those who have been your people in all times and places.

Keep us in communion with your saints following the example of faith and life which they set before us, and bring us to the joy

which you have prepared in your presence.

Lord in your mercy,

All: Hear our prayer.

Intercessor: Let us pray for the sick and the suffering, and especially for Diane,

Edna, Freda, Judy, and all others whom we now name ...

The people may add their own petitions.

O Christ the great healer, you desire health and wholeness for your people: minister you healing grace among us, we pray. May those who are broken in body and spirit find rest, restoration, and newness of life.

Lord in your mercy,

People: Hear our prayer.

Intercessor: Eternal God, ruler of all things in heaven and earth,

accept the prayers of your people, and strengthen us to do your

will; through Jesus Christ, our Lord. Amen.

The Lord's Prayer

Presider: And now as our Saviour Christ has taught us, we are bold to say,

All: Our Father, who art in heaven, hallowed be

thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our

debts, as we forgive our debtors. And lead us not into

temptation, but deliver us from evil. For thine is the kingdom,

and the power, and the glory, for ever. Amen.

Invitation to the Offering

Presider: As we present our gifts to God, may our generosity reflect God's

goodness to us and our hope for abundant life in Christ Jesus.

Offertory Hymn #259: For the Fruit of All Creation

Prayer of Dedication

Celebrant: Lord Jesus, we bring our gifts to you, asking you to bless them so

that they may accomplish more than we can ask or imagine. Bless

us, too, so that our lives speak of our choice to follow you, offering others the healing and hope you have offered us. **Amen.**

Invitation to the Lord's Table

Celebrant: Friends, this is the joyful feast of the people of God.

People will come from east and west, and from north and south and sit at table in the Kingdom of God. According to Luke, when our risen Lord was at table with his disciples, he took the bread, and blessed, and broke it, and gave it to them. Then their eyes were opened and they recognized him.

This is the Lord's Table. Our Saviour invites all those who trust him to share the feast which he has prepared. O taste and see that the

Lord is good.

The Celebration of the Eucharist

The Great Prayer of Thanksgiving 1

Celebrant: The Lord be with you. **People:** And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Celebrant: You commanded light to shine out of darkness, divided the sea

and dry land, created the vast universe and called it good. You made us in your image to live with one another in love. You gave us the breath of life and freedom to choose your way. You set forth your purpose in commandments through Moses,

and called for justice in the cry of prophets.

Through long generations you have been patient and kind to all your children. How wonderful are your ways, almighty God. How marvellous is your name, O Holy One. You alone are God. Therefore with apostles and prophets, and that great cloud of

witnesses who live for you beyond all time and space,

All: we lift our hearts in joyful praise:

Sung (#735) Holy, holy, holy Lord, God of power and might,

Holy, holy, holy Lord, God of power and Might, heaven and earth are full, full of your glory. Hosanna in the highest. Hosanna in the highest. Blessed is he who comes in the name of the Lord.

Hosanna in the highest. Hosanna in the highest.

Celebrant: We praise you, most holy God, for sending your

only Son Jesus to live among us, full of grace and truth. Sharing our joy and sorrow, he healed the sick and was a friend of sinners. Obeying you, he took up his cross and died that we might live. We praise you that he overcame death and is risen to rule the world. He is still the friend of sinners. We trust him to overcome every power that can hurt or divide us, and believe that when he comes in glory we will celebrate victory with him. We thank you that on the night before he died, Jesus took bread, gave thanks to you, broke the bread and said "Take, eat. This is my body, given for you. Do this for the remembrance of me." In the same way he took the cup, saying, "This cup is the new covenant sealed in my blood. Do this for the remembrance of me." Therefore, in remembrance of your mighty acts in Jesus Christ, we take this bread and this cup and give you praise and thanksgiving

as we proclaim the mystery of faith:

Christ has died, Christ is risen,

All:

Christ will come again.

Celebrant: Gracious God, pour out your Holy Spirit upon us,

and upon this bread and wine, that we, and all who share this feast, may be one with Christ and he with us. Here we offer ourselves to be a living sacrifice, holy and acceptable to you. In your mercy, accept our sacrifice of praise and thanksgiving. Fill us with the joy of eternal life, that we may be your faithful people until we feast with you in glory. Through Christ, with Christ, in Christ, in the unity of the Holy Spirit, all glory and honour are

yours, almighty God, for ever and ever. Amen.

Breaking of the Bread

Celebrant: Because there is one bread, we who are many are one body, for

we all partake of the one bread. (1 Cor. 10: 17).

When we break the bread it is a sharing in the body of Christ.

(I Cor. 10: 16).

When we bless the cup, it is a sharing in the blood of Christ.

(I Cor. 10: 16).

Celebrant: The gifts of God for the People of God.

People: Thanks be to God.

All:

Sung (#745) Lamb of God, you take away the sins of the world:

have mercy on us.

Lamb of God, you take away the sins of the world:

have mercy on us.

Lamb of God, you take away the sins of the world:

grant us peace. Grant us peace.

Communion: All who know Jesus Christ as their Lord and Saviour are welcome

to receive Communion. It will be administered to you, as you remain seated— first the bread, which we will all consume

together after it has been distributed, then the cups, which we will

also drink together.

Communion Hymn: Let Us Break Bread Together (Presbyterian Book of Praise #324)

Let us break bread together on our knees
Let us break bread together on our knees
When I fall on my knees With my face to the rising sun
O Lord have mercy on me

Let us drink wine together on our knees

Let us drink wine together on our knees When I fall on my knees With my face to the rising sun O Lord have mercy on me

Let us praise God together on our knees
Let us praise God together on our knees
When I fall on my knees With my face to the rising sun
O Lord have mercy on me

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Prayer after Communion

Presider: Eternal God, we give you thanks for this holy mystery in which you

have given yourself to us. Grant that we may go into the world in the strength of your Spirit, to give ourselves for others in the

name of Jesus Christ our Lord. Amen.

Announcements

Benediction

Presider: The peace of God, which passes all understanding, keep your

hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain

with you always. Amen.

Recessional Hymn: Great is Thy Faithfulness (Presbyterian Book of Praise #324)

O God my Father There is no shadow
Of turning with Thee Thou changest not
Thy compassions they fail not
As Thou hast been Thou forever wilt be

Great is Thy faithfulness Great is Thy faithfulness Morning by morning New mercies I see All I have needed Thy hand hath provided Great is Thy faithfulness Lord unto me

Summer and winter and springtime and harvest
Sun moon and stars In their courses above
Join with all nature In manifold witness
To Thy great faithfulness Mercy and love (Chorus)

Pardon for sin and a peace that endureth
Thy own dear presence To cheer and to guide
Strength for today And bright hope for tomorrow
Blessings all mine With ten thousand beside (Chorus)

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Presider: Let us go in the peace of Christ, and may God's love open the

future for us, empowered by the Spirit, and embraced by the

presence of Jesus Christ, our risen Lord.

People: Thanks be to God. Alleluia!

ANNOUNCEMENTS

Welcome to St. Cyprian's and Iona, as we continue our combined worship and ministry at 10:30 a.m. on Sundays.

All are invited to join the fellowship time in the Iona space after the service.

Summer Fellowship Time

For the remaining Sundays this summer, a cool drink and a cookie will be available for self-serve after the service, as we continue to take time to chat, catch up, and stay in touch. Do stay and join us and if you wish to volunteer one Sunday, please speak to an elder or warden.

Sunday Bible Study

The Sunday Bible Study is taking a break until September.

Wednesday Noon Meditation

The Wednesday meditation continues with David Rudd and others at 12 noon.

It is 20 minutes long and a helpful way to nurture your faith through the practice of silent prayer.

https://us02web.zoom.us/j/9321564941?pwd=QmhLdDZ6ekQ2a1FLMmRWK2tXU0F0Zz09

Meeting ID: 932 156 4941 Passcode: 1080

Friday Zoom Bible Study

Rev. John's **weekly Zoom Bible Study**, which meets on **Fridays at 7:00 p.m.**, is taking a **break until September**.

Ministry Opportunities

There are **ministry opportunities** in a number of different areas, for which volunteers are welcome. **To help, please contact Rev. John or one of the St. Cyprian's wardens or Iona elders.**

Happy Birthdays

Elaine Burton July 28
Hank Huang July 28
Melvina Lewis July 31
Cynthia Williams Aug 1

Happy birthday, Happy birthday, God loves you.

Happy birthday and may all your dreams come true.

When you blow out the candles, one light stays aglow.

It's the love light of our Lord for all to know.